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Charlton & Blackheath  
Amateur Horticultural Society  
[www.cabahs.wordpress.com](http://www.cabahs.wordpress.com)

## NEWSLETTER AUGUST 2017

Tonight we welcome Mr Roy Vickery who has come to talk to us about "The Work of the South London Botanical Institute."

### CABAHS Annual Flower, Fruit and Vegetable Display 18<sup>th</sup> September 2017

- 1 Vase of flowers, 3 stems of 1 cultivar
- 2 Bowl of mixed flowers & foliage (max.12"x12")
- 3 Vase of shrubs, 3 or more stems, mixed
- 4 5 Fuchsia blooms, 1 or more cultivars (flower heads only, containers will be supplied)
- 5 A pot plant
- 6 Display of fruit, 1 or more type
- 7 Display of vegetables, 1 or more type
- 8 Tomatoes (dish of 5)
- 9 Pot of cacti or succulents
- 10 An arrangement of herbs
- 11 Preserves: jam, jelly or marmalade
- 12 Home made chutney or relish
- 13 Baking: CABAHS Cosy cake (per recipe below)
- 14 Floral Art
- 15 Arts & Crafts: anything hand made
- 16 Society Potatoes Competition (washed, in named transparent bag)

Entry is open to all members. The more entries the better so give it a go. Especially the delicious new cake section - but expect it to be eaten at the tea break.

#### "CABAHS Cosy Cake" Recipe

This is a really easy "all in one pan" cake (so not much washing up afterwards). The cake keeps well so can be made a few days in advance.

Oven: 170 C/Gas 3, greased 20cm round cake tin.

Place 220g light brown sugar, 250ml Milk, 170g dried mixed fruit and 110g butter or margarine in a saucepan and heat slowly until it starts to bubble. Turn down and simmer for 2 minutes, stirring. Set aside to cool completely.

When cool, add 250g self raising flour and 1/2 teaspoon of bicarbonate of soda, then the beaten egg, and stir until well blended. Pour into the greased tin and level the top. Bake in the centre of the oven for one hour. Allow to cool in the tin before turning out.

Optional - dust with icing sugar

#### A Rose By Any Other Name....

There is annoying tendency for plants to change their names these days. Apparently *Dicentra spectabilis* is now known as *Lamprocapnos Spectabilis*, *Coleus* is now *Solenostemon*, *Buddleiah* is spelt with a "j" and *Sedum* is *Hylotelephium Telephium*..... not in my garden it isn't !

### Dates for your diaries

- 24<sup>th</sup> Aug Charlton House Honey Bee Day 11-4pm Visit bee hives on the house roof !
- 26<sup>th</sup> Aug Mottingham Horticultural Society Autumn Show at Eltham College from 2.30pm
- 26-27<sup>th</sup> Aug Eureka open garden: Buckhurst Road, Westerham Hill, TN16 2HR 1-4 £4.50
- 30<sup>th</sup> Aug Wakehurst Place by Ebdons coach Picks up at Greenwich, Eltham High St £15
- 3<sup>rd</sup> Sept NGS open garden: 24 Grove Park, Camberwell, London, SE5 8LH 2-5.30 £3.50
- 5<sup>th</sup> Sept Hadlow College, Shooters Hill 2-5pm Container Gardening taster course £10
- 5-7<sup>th</sup> Sept RHS Wisley Flower Show starts 9am Free entry for members and a guest
- 6<sup>th</sup> Sept West Dean Gardens guided tour and lunch 11-3pm £55
- 11-12<sup>th</sup> Sept Hadlow College, Shooters Hill 10.30-4pm Vegetable Container Gardening taster course £30
- 21 Sep "My Dogs Got No Nose" - play at Great Comp, Sevenoaks TN15 8QS 7pm £15
- 5 & 22 Sept Hadlow College, Shooters Hill 10-1pm Basic Garden Design Course £10
- 6<sup>th</sup> Oct Hadlow College Mottingham. Plants for Autumn Colour 9:30 - 12:30pm £32

### Top Tips

- 1 Lightly trim lavender flowers after flowering, leaving some green growth on each stem.
- 2 Take pelargonium and fuchsia cuttings now to increase stock or sell on our sales table
- 3 Start picking runner beans, sweetcorn and cucumbers as they become ready
- 4 Plant new strawberry beds with well-rooted runners
- 5 Buy our society bulbs and plan your spring bulb displays for next year
- 6 Collect seeds from perennials and hardy annuals as they ripen
- 7 Keep flowering shrubs, eg. Rhododendrons, well watered, to help flower bud growth
- 8 'Stop' tomato plants growing too tall, by snipping tip off main stem after 4-6 trusses
- 9 Keep up dead-heading and feed pots with high potash fertiliser to encourage flowering
- 10 Mow wildflower meadows, at end of month, once plants have set seed.

### London's first Floating Pocket Park, Merchant Square, Paddington

The new 730 sq m floating park in Paddington Basin on the Grand Union Canal provides a striking green public space on the water with its own canal boat mooring. Developer European Land and Property Limited commissioned acclaimed garden designer Tony Woods of The Garden Club to create the new park at the heart of Merchant Square, complementing the modern canal-side development. The Floating Pocket Park will feature open lawn areas, densely planted nectar-rich mixed raised borders and communal seating, as well as allowing people to walk over the water on a series of decked platforms and walkways. Bespoke planting has been developed to encourage wildlife and the park includes a separate pontoon designed to attract ground-nesting birds.

### Horn Fair 15<sup>th</sup> October 2017 at Charlton House

Although it is still some weeks away, we would like to ask members to think ahead about potting up spare plants, as you divide plants from your borders, to sell at this year's Horn Fair. As with last year, funds raised will go towards always-needed society funds.

Our next meeting, on 18<sup>th</sup> September, will be our Autumn Flower, Fruit and Vegetable Show. Don't forget to bring your potatoes, exhibits and vases in which to display them.